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## 10 Reasons To Thank God (& 6 Ways How To Thank Him!)

### Psalm 107

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<sup>1</sup> Oh, give thanks to the Lord, for He is good! For His mercy endures forever.

#### For God's Deliverance and Meaning (or Purpose) (2-9)

- <sup>2</sup> Let the redeemed of the LORD say *so*, Whom He has redeemed from the hand of the enemy,  
<sup>3</sup> And gathered out of the lands, From the east and from the west, From the north and from the south.  
<sup>4</sup> They wandered in the wilderness in a desolate way; They found no city to dwell in.  
<sup>5</sup> Hungry and thirsty, Their soul fainted in them.  
<sup>6</sup> Then they cried out to the LORD in their trouble, *And* He delivered them out of their distresses.  
<sup>7</sup> And He led them forth by the right way, That they might go to a city for a dwelling place.  
<sup>8</sup> Oh, that *men* would give thanks to the LORD *for* His goodness, And *for* His wonderful works to the children of men!  
<sup>9</sup> For He satisfies the longing soul, And fills the hungry soul with goodness.

#### For God's Discipline and Instruction (10-16)

- <sup>10</sup> Those who sat in darkness and in the shadow of death, Bound in affliction and irons—  
<sup>11</sup> Because they rebelled against the words of God, And despised the counsel of the Most High,  
<sup>12</sup> Therefore He brought down their heart with labor; They fell down, and *there was* none to help.  
<sup>13</sup> Then they cried out to the LORD in their trouble, *And* He saved them out of their distresses.  
<sup>14</sup> He brought them out of darkness and the shadow of death, And broke their chains in pieces.  
<sup>15</sup> Oh, that *men* would give thanks to the LORD *for* His goodness, And *for* His wonderful works to the children of men!  
<sup>16</sup> For He has broken the gates of bronze, And cut the bars of iron in two.

#### For God's Truth and Healing (17-21)

- <sup>17</sup> Fools, because of their transgression, And because of their iniquities, were afflicted.  
<sup>18</sup> Their soul abhorred all manner of food, And they drew near to the gates of death.  
<sup>19</sup> Then they cried out to the LORD in their trouble, *And* He saved them out of their distresses.  
<sup>20</sup> He sent His word and healed them, And delivered *them* from their destructions.  
<sup>21</sup> Oh, that *men* would give thanks to the LORD *for* His goodness, And *for* His wonderful works to the children of men!

#### For God's Protection and Direction (23-31)

- <sup>23</sup> Those who go down to the sea in ships, Who do business on great waters,  
<sup>24</sup> They see the works of the LORD, And His wonders in the deep.  
<sup>25</sup> For He commands and raises the stormy wind, Which lifts up the waves of the sea.  
<sup>26</sup> They mount up to the heavens, They go down again to the depths; Their soul melts because of trouble.  
<sup>27</sup> They reel to and fro, and stagger like a drunken man, And are at their wits' end.  
<sup>28</sup> Then they cry out to the LORD in their trouble, And He brings them out of their distresses.  
<sup>29</sup> He calms the storm, So that its waves are still.  
<sup>30</sup> Then they are glad because they are quiet; So He guides them to their desired haven.  
<sup>31</sup> Oh, that *men* would give thanks to the LORD *for* His goodness, And *for* His wonderful works to the children of men!

#### For God's Provision and Blessing (33-42)

- <sup>33</sup> He turns rivers into a wilderness, And the watersprings into dry ground;  
<sup>34</sup> A fruitful land into barrenness, For the wickedness of those who dwell in it.  
<sup>35</sup> He turns a wilderness into pools of water, And dry land into watersprings.  
<sup>36</sup> There He makes the hungry dwell, That they may establish a city for a dwelling place,  
<sup>37</sup> And sow fields and plant vineyards, That they may yield a fruitful harvest.  
<sup>38</sup> He also blesses them, and they multiply greatly; And He does not let their cattle decrease.  
<sup>39</sup> When they are diminished and brought low Through oppression, affliction and sorrow,  
<sup>40</sup> He pours contempt on princes, And causes them to wander in the wilderness *where there is* no way;  
<sup>41</sup> Yet He sets the poor on high, far from affliction, And makes *their* families like a flock.  
<sup>42</sup> The righteous see *it* and rejoice, And all iniquity stops its mouth.

#### 6 Ways To Thank God

- <sup>22</sup> Let them sacrifice the sacrifices of thanksgiving,  
And declare His works with rejoicing.  
<sup>32</sup> Let them exalt Him also in the assembly of the people,  
And praise Him in the company of the elders.  
<sup>43</sup> Whoever *is* wise will observe these *things*,  
And they will understand the lovingkindness of the LORD.