
5 Benefits of Observing Communion

“For as often as you eat this bread and drink this cup, you proclaim the Lord’s death till He comes.” (1 Corinthians 11:26)

Is communion meant to be a boring, meaningless ritual or does it have value for us today? There are at least 5 benefits that come to us when we observe communion.

Benefit #1: It Keeps Our Focus on Jesus’ _____

- [1] Jesus is the _____ (John 1:1-3): The Divine Sovereign
- [2] Jesus is the _____ (John 1:29): The Human Sacrifice

Benefit #2: It Keeps Our Focus on Jesus’ _____

- [1] His death was _____ (“night ... He was betrayed”)
 - *His betrayal was imminent* (John 13:21-30)
 - *His denial was imminent* (John 13:38)
- [2] His death was _____ (“this is my body given”)
- [3] His death was _____ (“for you”)
- [4] His death was _____ (John 3:16-17)
- [5] His death _____ benefits of the new covenant
 - *Purpose* ○ *Access to God through prayer*
 - *Guidance* ○ *A future & a future home*
 - *Knowledge* ○ *A Comforter/Helper*
 - *Joy* ○ *A relationship with Jesus & the Father*
 - *Unity* ○ *Sanctification (positional & practical)*
 - *Family* ○ *Eternal life (knowing the Father)*
 - *Peace* ○ *Eternal security*

- [6] His death is _____-setting (our living pattern)
 - *Serve one another selflessly*
 - *Love one another unconditionally*
 - *Endure persecution patiently*

- [7] His death is _____ (“in remembrance of Me”)
 - *To keep us focused on Jesus*
 - *To keep us reminded of our benefits & blessings*
 - *To keep us aware of our obligations & expectations*

Benefit #3: It Keeps Our Focus on Jesus’ _____

- [1] His return is _____
 - *John 14 – I go to prepare a place for you*
- [2] His return is _____ (Acts 1:11)
- [3] His return is to be _____ (Titus 2:13)
- [4] His return will bring _____

When: At His Appearing (2 Tim 4:1; 1 John 2:28)

What: Judgment (Bema) Seat of Christ (Rom 14:10; 2 Cor 5:10)

- *Serving* (John 13 – washing feet)
- *Loving* (John 13:34-35; 15:12-13,17; 17:26)
- *Believing* (John 14:1ff – walking a life of belief)
- *Abiding & Bearing Fruit* (John 15:1-10, 16)
- *Looking Ahead* (John 14:2-3)
- *Praying* (John 14:13-14; 15:7; 16:23-24)
- *Accomplishing* (14:9-10)
- *Keeping Commandments* (John 14:15, 21-24; 15:10,14)
- *Being Peaceful* (John 14:1, 27-28; 16:33)
- *Being Joyful* (John 15:11; 16:20-24, 33; 17:13)
- *Knowing* (John 15:15,18; 17:8,13-14, 17-19)
- *Witnessing* (John 15:27; 17:21-23, 26)
- *Being Stable* (John 16:1)
- *Glorifying God* (John 13:31-32; 17:1, 4-5, 10; 17:24)

Benefit #4: It Keeps Our Focus on Jesus’ _____

- [1] 1 Cor 11:17-34 = is how to treat others in God’s family
- [2] One bread = one _____ (1 Cor 10:17)
- [3] Our obligation = to _____ for one another! (1 John 3:16)

Benefit #5: It Keeps Our Focus on Jesus’ _____

- Communion is a _____ – a visual and verbal sermon – of all these things and many more!

We need communion – it brings us back to the central theme of our salvation – our Savior!